

Demonstrating IMPACT in Action With AposHealth[®]

(previously AposTherapy[®])



THE FACTS¹

- » About 13% of women and 10% of men aged 60 years and older have symptomatic knee osteoarthritis (OA).
- » Knee OA is one of the most prevalent conditions resulting in disability, particularly in the elderly population.
- » The economic costs, such as treatment, which includes [costly surgery](#), and loss of productivity, of knee OA are high.

THE COMPANY'S SOLUTION

- » [Apos Health](#) leverages FDA-cleared shoes equipped with pods on the bottom that help ease patients' pain and retrain the way patients walk to treat knee osteoarthritis and for general wellness to support conditions of the hips and lower back.
- » Apos Health integrates fit-for-purpose selection of [V1C components](#) to deliver its solution, including:
 1. Synchronous and/or asynchronous virtual interactions between patients and care team
 2. Dynamic patient monitoring
 3. Use of biometric and sensor technology²

WHY IT MATTERS

- » Apos Health enables [V1C patient co-management](#) by continuing virtual touch points for 12 months to track progress and make adjustments based on patient progress and data from pod sensors.
- » Apos' peer-reviewed [research](#) found that its virtual care solution helped 86% of patients in [one study](#) avoid or delay knee surgery.

The IMPACT Resource to Use

Apos Health exemplifies how organizations can leverage [V1C components](#) and effectively manage [care transitions](#) by leveraging the right technology at the right time in the patient journey, as recommended in the [Tech Stack for V1C Care Transitions](#) IMPACT resource.

[1] [NIH](#) [2] Apos Health leverages FDA-cleared shoes, backed by peer-reviewed [research](#), that are equipped with pods on the bottom.